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## Drug and Alcohol Education Session FREE Online Webinar

WHEN: Wednesday November 28th, 2012 (Log on from your computer)

TIME: 7:15pm-8:15pm (with question time to follow)

Simply <u>CLICK HERE</u> to register for this <u>FREE</u> & Informative Session or go to <u>http://tinyurl.com/aw9vnv5</u>



## **ABOUT YOUR PRESENTERS**

**Chloe Wootten** is a Health and Outreach Coordinator. She has worked with Project Youth for the past 3 years, and has been a Youth Worker for 15 years. Project Youth is a not for profit, non government, community based organisation that provides support to young people in the community particularly assisting them in determining their own future. Project Youth offers drop in centres, activities and

workshops. Chloe's expertise lies in working with young people around Drug and Alcohol issues, particularly engaging young people in vital conversation about these issues.

**Ngaio Chandler** is the Project Officer for The Ready Project (Resources and Education on Alcohol and Drugs for Youth). The Ready Project provides information and referral for young people and their families who need support around alcohol and drug issues. READY also provides drug and alcohol education to the community.

For the last 8 years Ngaio has worked in the Community Services sector, initially in Drug and Alcohol treatment centres for women and their children then moving into working with At-Risk youth in Out of Home Care for 4 years. Her current role combines the two as an Alcohol and Other Drugs Youth Worker at St George Youth Services.

Ngaio is a mother of 3 children herself further vesting her interest in the future of our young people.

## **CHLOE AND NGAIO WILL DISCUSS:**

- What are drugs? Stimulants, depressants, etc / Street Language for Drugs
- ♦ Signs of substance affects / Behavioural warning signs
- Drug equipment what does it look like?
- ♦ Treating overdose and accessing support- What to do if your child or someone else's child needs help?
- Practical tips and relevant advice on how to engage with your children in conversations around alcohol and drugs
- ♦ Where to go for further support

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